



Rider responsibility Look after yourself and the people around you

- You are riding on open roads, be alert to the vehicles you share the road with and
- Do not take any unnecessary risks – your actions could have serious consequences
- Marshals are in place to ensure riders stay on course or to highlight hazardous course features. They do not have the power to stop and hold traffic
- You are responsible for your own actions. Do not assume it is safe to cross a junction or continue when you see a marshal, always check it is safe to continue yourself
- Always ride on the correct side of the road. Ride no more than two abreast and single out on narrow roads, the canal towpath or sections where visibility is limited
- If you approach a horse and rider from behind, remember to SLOW down, shout out and give plenty of space when passing
- Respect the environment and ALL other road users. Do not litter – take your rubbish with you or discard of it at feed stations
- Think about your position on the road, about other road users and about other people (riders, spectators, local residents etc.)
- We all have a part to play; rider behaviour is crucial in protecting the future of cycling events on the public highway